Spring is nearly upon us and everyone’s anxious to get back outdoors. The Parks and Recreation Department is offering a variety of programs this season to get you ready for all those heart-healthy fresh air activities. For golfers young and not-so-young, Indoor/Outdoor Golf Lessons start the end of April. Be sure to check out the program offerings in the Parks & Recreation Spring Program Announcement.

Dribble, Pass, Shoot! Basketball is back! Bouncers and Dribblers is a great way to learn the fundamentals in a fun and safe environment. Classes begin on Thursday, April 16, so be sure to register to guarantee your spot!

Because you can’t get enough of it, Kinder Kicks Soccer is back on Tuesday, May 5 for six weeks. Parents work with their child to develop skills and sportsmanship. Basic skills are taught and become increasingly difficult as your child shows improvement. Great way to spend time with your child while developing lifelong bonds.

Zumba Kids is specially designed for children to encourage them to develop a healthy lifestyle and incorporate fitness as a part of their lives through dance. Next session begins on Tuesday, March 17 at 6:00 pm.

Are the kids looking for something new to try? Hillrise Equestrian Center is offering an After-School Club on Thursdays beginning at 4:00 pm. This is a great way to experience what it would be like to own and care for a horse as well as learning how to ride. Club meets every Thursday for a month session. Be sure to check it out!

Group Exercise & Adult Programs

Beginning Wednesday, March 4 we will be offering an additional SilverSneakers Classic class. Mackenzie will be hosting class from 1:00 - 2:00 pm in the Gymnasium. All the fun of our Tuesday/Thursday class now on Wednesday afternoons. This class is included in your membership so be sure to take advantage of the afternoon time slot!

50+ Silver Arts is designed to teach seniors martial arts and enhance energy levels, awareness and safety. Join Jason from the Ontario Kuk Sool Won studio, beginning on Wednesday, March 25 at 11:15 am in the Group Ex at the Community Center. $40.00 for members; $48.00 for non-members.

Would you like to see what all the buzz is about or are you wanting to take your pickleball skills to the next level? Pickleball for Beginners starts Tuesday evening, March 24 at 7:00 pm. Learn basic skills and get acquainted with the game of pickleball. Intermediate Pickleball Lessons will introduce the technical terms of the game while improving your skills and communication. Classes held Tuesdays, April 28 - May 26; 7:00 - 8:30 pm; $32.00 for four weeks. We hope to see you there!

Interested in experiencing different types of Yoga? We have a class for every level and interest. Morning Flow will get your blood pumping and starts your day off on the right foot on Mondays, March 9 - April 13 from 10:00 - 11:00 am. For those of you that prefer evenings, Night Flow will release the tension of the day. Classes are Wednesday evenings, March 11 - April 15 beginning at 6:00 pm. Gentle Yoga on Fridays starts back up on March 13 at 10:45 am. For those looking for something a little different, try our Restorative Yoga Workshop scheduled for Thursday, March 19 at 6:00 pm in the Adult Activity Center. Registration for all classes is available online or in person.

Upcoming Events

Tuesday, March 17 - Join us 11:00 am in the AAC for a St. Patrick’s Day Celebration! There will be oodles of great songs, shenanigans, and snacks that will get you into the spirit. Free program but registration is required.

Saturday, March 21 - John Housel is back to teach the AARP Driver Safety Course in the AAC, starting at 8:30 am. Pre-registration is required. Payment is made to instructor day of class.

Tuesday, March 24 - Join Denise at 11:00 am in the AAC as she leads the group through an acrylic painting class. It’s a great time to explore some techniques while painting a bird or two. Free but registration is required.

Baseball and Softball registration is going on now. Register by March 27 to avoid a $10.00 late fee.

ADULTS WANTED

Miss Tailgating? Anxious for picnic fun? Team up with a partner and compete against other teams to see who reigns supreme in this new program: Yard Games for Adults. Cornhole, Ladder Golf and Kan Jam will be featured in our indoor turf arena. Awards will be given the last day for various achievements. Fun begins on Thursday, April 16 from 6:30 - 8:30 pm. Register your team for $42.00 to enjoy six weeks of backyard fun!